

# Social Thinking® Workshops 2019

## Developing Emotional Regulation and Social Competency

9<sup>th</sup>—11<sup>th</sup> September 2019

9am—5pm  
(registration from 8.30am)

**Venue:**

Hotel Re!@Pearl's Hill  
Re!Joice Grand Ballroom  
175A Chin Swee Road  
Singapore 169879

**Fees:** S\$800 (all 3 days)  
S\$600 (Day 2 & Day 3)  
S\$360 (Day 2 or Day 3)  
S\$300 (Day 1 only)

Includes lunch and tea breaks

10% Discount\*\* for participants from VWOs, restructured hospitals, government organizations, MOE schools, and groups of 5 or more.

For enquires, contact Shalena at

Tel: (+65) 62547422

Email: info@c-c.sg

\*\* Terms and conditions apply

### Who should attend

Teachers/Allied Educators from mainstream and special schools, Speech-language therapists, Occupational therapists, Autism specialists, Psychologists, Counselors, Psychiatrists, Pediatricians, Social workers, Parents and caregivers of students with social thinking challenges.

This learning can be used with:

- students aged preschool to older adults, in groups and 1:1, at home, school or center
- individuals with ASD, AD(H)D or just bright but quirky students, with no diagnosis

NOTE: The Social Thinking methodology is best used with children who have good language skills, as it requires thinking about thinking.

People must be well-adjusted socially and emotionally to thrive. Emotional regulation and engagement are essential for all learning, and underpins social and academic success.

- How do we improve self-regulation, problem solving and social communication?
- How do we develop social competency and work with social anxiety?

We will explore this and more in our upcoming Social Thinking Workshops.

### Day 1 – Implementing Social Thinking Concepts and Vocabulary: A Day to Develop Team Creativity

Speaker: Chithra Kathiresan

This is an introductory workshop to Implementing Social Thinking. Participants will:

- Understand the social competency model of Social Thinking
- Acquire core research-based treatment frameworks and strategies
- Review various social thinking tools and curricula, and when to use which ones
- Learn how to get the most of your resources and use it more effectively
- Learn how improving social competencies also improves academic performance

Chithra, who has lived and worked in Asia all her life, will share how the concepts and teaching applies within local contexts. This workshop will be most useful to those looking for a practical understanding and application of Social Thinking.

### Day 2 & Day 3 - Emotions Part 1 & Part 2: More Than We Think and All That We Feel

Speaker: Michelle Garcia

This **new** two-day series on emotions is being presented for the first time in Asia.

Join Michelle to explore these topics:

- Examine how emotions impact our thinking, memories and ability to tell our story?
- Learn how to teach students about their emotions and motivate them
- Understand how to teach the social-emotional chain reaction; that they can impact how others feel about them, and hence how they feel about themselves?
- Explore treatment ideas to help students reframe negative thinking and develop their inner coach
- And much more!



**Michelle Garcia Winner MA, CCC-SLP**, is the founder and CEO of Social Thinking® which specializes in developing treatment models and specific strategies for helping persons with social cognitive learning challenges.



**Chithra Kathiresan, SLP**, is a Social Thinking Collaborative speaker and Clinical Director of Connect and Communicate LLP. As part of the collaborative, she has presented Social Thinking trainings in Singapore, Hong Kong, China, USA, Malaysia, and Indonesia.